



AHMEN RACING 2010

August 7 to October 3, 2010

Humber Bay, Toronto, Ontario

SAILING INSTRUCTIONS

1. RULES

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2 These AHMEN RACING 2010 *Sailing Instructions* will apply.

2. NOTICES TO COMPETITORS

- 2.1 Notices to competitors and changes to the sailing instructions will be posted on the website located at www.ahmen.ca and on the notice board at each participating club, by 5:00 PM on the day before they take effect.
- 2.2 Changes made later will be made on the water by VHF radio on channel 68 or by written or oral communication from the race committee signal boat when on station and flying code flag "L".

3. SIGNALS MADE ASHORE

- 3.1 The race committee will broadcast on VHF channel 68, between 10:30 and 10:35 AM, and again between 11:00 and 11:05 AM one of the following messages:
 - a) This is the AHMEN race committee. Today's races are on; [repeated once] or
 - b) This is the AHMEN race committee. Today's races are postponed. We will advise further at [time reference]; [message repeated once] or
 - c) This is the AHMEN race committee. Today's races are cancelled. [Repeated once]
- 3.2 Failure of the race committee to make these broadcasts or of a boat to hear the broadcasts shall not be grounds for redress.

4. SCHEDULE OF RACES

4.1 Dates of racing:

RACE	DATE	HOST CLUB
1	Sat – August 7, 2010	EYC
2	Sat – August 14, 2010	NYC
3	Sun – September 12, 2010	AYC
4	Sun – September 19, 2010	MCC
5	Sat – September 25, 2010	TS&CC
6	Sun – October 3, 2010	QCYC [signal boat Grand National]

4.2 For each division, there will be one race per day.

4.3 The scheduled time of the warning signal for the first race each day is 11:30 AM.

5. DIVISION FLAGS

5.1 Boats will be divided into four fleets as follows:

Start	DIVISION	Class Flag	PHRF RATING	Division Flag (on Backstay)
1	White Sail 2	Pennant 1	198 and slower	White
2	White Sail 1	Pennant 2	195 and faster	Light Blue
3	Spinnaker 2	Pennant 3	138 and slower	Dark Blue
4	Spinnaker 1	Pennant 4	135 and faster	Yellow

White Sail = Non-Flying Sails [NFS]

Spinnaker = Flying Sails [FS]

5.2 A boat that changes to or from a Spinnaker [FS] division during the series shall inform, prior to the race, the Racing Chair [Scorer] at pebryan@sympatico.ca and fly the appropriate division flag.

6. THE COURSES

6.1 A course diagram showing the locations of marks is posted on www.ahmen.ca and on the notice board of participating clubs.

6.2 Separate courses may be selected for Non-Flying Sails and Spinnaker divisions. If a new course is selected, it will be posted before the preparatory signal for that division.

7. MARKS

- 7.1 The following is a description of marks and their abbreviations, from which a course will be selected:
- D** T West Entrance – Dufferin Fairway Buoy [No. 513]
 - G** TE 18 Gibraltar Point Buoy (red) [No. 511]
 - 1** EYC/MCC Racing Mark No.1
 - 2** NYC Racing Mark No. 2 [PRIV FI 2s]
 - 3** TS&CC Racing Mark No. 3
 - 4** Dropped Mark [Inflatable dropped by the race committee]
 - 5** EYC/MCC Racing Mark No. 5
 - 7** T1 (green) – Toronto Harbour Outer Approach Buoy [No. 509]
 - 9** EYC/MCC Racing Mark No. 9
- 7.2 Whenever **7** [T1 – green] is a mark of the course, all boats shall pass south of **G** [Gibraltar buoy].
- 7.3 Any mark may be replaced by a temporary inflatable mark.
- 7.4 The numbers and letters posted by the race committee will designate the marks to be rounded, or passed, in order.

8. THE START

- 8.1 The warning signal for each division will be its class flag.
- 8.2 The starting line will be between an orange flag on the race committee boat and the TS&CC Racing Mark No.3. A dropped inflatable mark may replace Mark No. 3.
- 8.3 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.
- 8.4 A boat starting later than 20 minutes after her starting signal will be scored DNS without a hearing. This changes *rule A4.1*.

9. RECALLS

- 9.1 The race committee will attempt to hail the sail numbers of premature starters on VHF channel 68; however failure to do so shall not be grounds for a request for redress.

10. PENALTY SYSTEM

- 10.1 *Rule 44.1* is changed as follows: If a boat has a spinnaker flying at the time of an incident, a One-Turn Penalty shall satisfy the penalty, provided that the boat flies the spinnaker again immediately after the turn.

11. THE FINISH

- 11.1 The finish line will be between an orange flag [blue for multiple laps] on the race committee boat and the nearest mark.

12. TIME LIMITS

- 12.1 If no boat in a division finishes by 4:00 PM, the race for that division shall be abandoned.
- 12.2 Boats that fail to finish within 60 minutes after the first boat in their division sails the course and finishes will be scored DNF without a hearing. This changes *rules 35, A4.1 and A5*.

13. PROTEST AND REQUESTS FOR REDRESS

- 13.1 Protest forms are available at www.ahmen.ca and at each of the participating clubs.
- 13.2 A boat intending to protest shall advise the race committee by the end of the race and the written protest shall be delivered to the race committee within the protest time limit, which is 90 minutes after the race committee boat docks at the host club.
- 13.3 Notice of the time and place of protest hearings will be posted on the host club notice board within 30 minutes of the protest time limit to inform competitors of hearings in which they are parties.
- 13.4 Notices of protests under *rule 61.1(b)* will be posted on the host club official notice board and this posting shall be notice as required by *rules 61.1(b) and 61.3*.

14. SCORING

- 14.1 A boat whose ENTRY FORM is not received by Thursday 5:00 PM preceding the race in which it first intends to compete will not be scored.
- 14.2 Scoring will be as follows and changes *rules A4.2 and A9*:
- DNC**= Number in series plus 2
 - DNS**= Number of starters plus 2
 - OCS**= Number of starters plus 2
 - DNF**= Number of starters plus 1
 - RAF**= Number of starters plus 1
 - DSQ**= Number of starters plus 2
- 14.3 Scoring will be under the **PHRF-LO Time-on-Time** handicap system.
- 14.4 One score will be excluded within the series, if five or more races are completed. This amends *rule A2*.
- 14.5 Race results will be posted as soon as practicable on www.ahmen.ca.

15. SAFETY REGULATIONS

15.1 A boat that retires from a race, or wishes to be scored DNS, shall notify the race committee as soon as possible, preferably by VHF radio on channel 68.

16. RADIO COMMUNICATION

16.1 Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio transmissions not available to all boats. This restriction also applies to mobile telephones.

16.2 The race committee may make general announcements on VHF channel 68.

17. PRIZES

17.1 Prizes, funded by the participating clubs, will be given as follows:

- For each race, an AHMEN 2010 flag to the top three boats in each division; and
- For the series overall, an AHMEN 2010 OVERALL flag to the top three boats in each division.

17.2 The above prizes will be presented at the AHMEN RACING 2010 Awards Dinner, scheduled for **Friday, February 4, 2011** at National Yacht Club.

18. DISCLAIMER OF LIABILITY

18.1 Competitors participate in the regatta entirely at their own risk. See *rule 4 – Decision to Race*. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

19. INSURANCE

19.1 Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of one million dollars [\$1,000,000].