

AHMEN RACING 2016

SAILING INSTRUCTIONS

1. RULES

- 1.1. Racing will be governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2. For the PHRF fleet, PHRF Lake Ontario handicap rules (PHRF-LO) apply.
- 1.3. For IRC competitors, the IRC Rules 2016, Parts A, B & C shall apply.
- 1.4. IRC Rule 22.4.2 is amended as follows: Boats may choose to use the maximum crew number printed in the certificate or the crew number multiplied by 85 kg as the maximum crew weight.

2. NOTICES TO COMPETITORS

- 2.1 Notices to competitors and changes to the *Sailing Instructions* will be posted on the website located at www.ahmen.ca, by 5:00 PM on the day before they take effect.
- 2.2 Changes made later will be made on the water by VHF channel 72 or by oral communication from the race committee signal boat, when on station and flying code flag "L".

3. SIGNALS MADE ASHORE

- 3.1 The race committee will broadcast on VHF channel **72**, between 10:30 and 10:35 AM, and again between 11:00 and 11:05 AM one of the following messages:
 - a) This is the AHMEN race committee. Today's races are on; [repeated once] or
 - b) This is the AHMEN race committee. Today's races are postponed. We will advise further at [time reference]; [message repeated once] or
 - c) This is the AHMEN race committee. Today's races are cancelled. [Repeated once]
- 3.2 Failure of the race committee to make these broadcasts or of a boat to hear the broadcasts shall not be grounds for redress.

4. SCHEDULE OF RACES

- 4.1 Dates of racing:

RACE	DATE	RACE COMMITTEE
1	Sun – August 7, 2016	EYC
2 + IRC	Sun – August 14, 2016. Races count for ARGOSY Rose Bowl*	NYC * To be presented at the AHMEN AWARDS DINNER
3 + IRC	Sun – September 11, 2016	MCC
4 + IRC	Sat – September 17, 2016	AYC
5 + IRC	Sun – September 25, 2016	TS&CC
6 + IRC	Sun – October 2, 2016	QCYC

- 4.2 For each division, there will be one race per day.
- 4.3 The scheduled time of the warning signal for the first race each day is 11:30 AM.

5. DIVISION FLAGS

5.1 Boats will be divided into six fleets as follows:

Start	PHRF-LO Rating	Division	Class Flag	Division Flag
1	198 and slower [NFS]	White Sail 2	Pennant 1	White
2	197 and faster [NFS]	White Sail 1	Pennant 2	Light Blue
3	138 and slower [FS]	Spinnaker 2	Pennant 3	Dark Blue
4	137 and faster and all R Class boats [FS]	Spinnaker 1	Pennant 4	Yellow
5	IRC 2	IRC	Pennant 5	Orange
6	IRC 1	IRC	Pennant 6	Black

White Sail = Non-Flying Sails [NFS] Spinnaker = Flying Sails [FS]

5.2 A boat changing from one division to another during the series – FS to NFS or NFS to FS – shall prior to 5PM Thursday prior to the race inform registrar@ahmen.ca and fly the appropriate division flag.

6. THE COURSES

6.1 A course diagram showing the locations of marks is posted on www.ahmen.ca.

6.2 Separate courses may be selected for White Sail, Spinnaker and IRC divisions. If a new course is selected, it will be posted before the preparatory signal for that division.

7. MARKS

7.1 The following is a description of marks and their abbreviations, from which a course will be selected:

- D** T West Entrance – Dufferin Fairway Buoy [No. 513]
- G** TE 18 Gibraltar Point Buoy (red) [No. 511]
- 0** NYC Racing Mark No. 0 [PRIV]
- 1** EYC/MCC Racing Mark No.1
- 3** TS&CC Racing Mark No. 3
- 4** Dropped Mark [Inflatable dropped by the race committee]
- 5** EYC/MCC Racing Mark No. 5
- 7** T1 (green) – Toronto Harbour Outer Approach Buoy [No. 509]
- 9** EYC/MCC Racing Mark No. 9

7.2 **Whenever 7 [T1 – green] is a mark of the course and boats are travelling to or from Mark 7, they shall pass south of G [Gibraltar buoy].**

7.3 Any mark may be replaced by a temporary inflatable mark.

7.4 The numbers and letters posted by the race committee will designate the marks to be rounded, or passed, in order.

8. THE START

8.1 The warning signal for each division will be its class flag.

8.2 The starting line will be between an orange flag on the race committee boat and the TS&CC Racing Mark No.3. A dropped inflatable mark may replace Mark No. 3.

- 8.3 The race committee may relocate the start away from TS&CC Racing Mark 3. In those cases, the relocation will be repeatedly broadcast by the race committee on VHF Channel 72. Should a dropped inflatable mark be used it will be called mark 4, consistent with section 7.1 above.
- 8.4 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.
- 8.5 A boat starting later than 20 minutes after her starting signal will be scored DNS without a hearing. This changes *rule A4.1*.

9. RECALLS

- 9.1 The race committee will attempt to hail the sail numbers of premature starters on VHF channel **72**; however failure to do so shall not be grounds for a request for redress.

10. PENALTY SYSTEM

- 10.1 *Rule 44.1* is changed as follows: If a boat has a spinnaker flying at the time of an incident, a One-Turn Penalty shall satisfy the penalty, provided that the boat flies the spinnaker again immediately after the turn.

11. THE FINISH

- 11.1 The finish line will be between an orange flag [blue for multiple laps] on the race committee boat and the nearest mark.

12. TIME LIMITS

- 12.1 If no boat in a division finishes by 4:00 PM, the race for that division shall be abandoned.
- 12.2 Boats that fail to finish within 60 minutes after the first boat in their division sails the course will be scored DNF without a hearing. This changes *rules 35, A4.1 and A5*.

13. PROTEST AND REQUESTS FOR REDRESS

- 13.1 Protest Forms are available at www.ahmen.ca and from Sail Canada, www.sailing.ca.
- 13.2 A boat intending to protest shall advise the race committee by the end of the race or within the protest time limit, which is 90 minutes after the race committee boat docks at the host club. The written protest shall be delivered electronically to registrar@ahmen.ca by midnight on race day.
- 13.3 Notice of the time and place of protest hearings will be posted at www.ahmen.ca and by email or phone, as soon as practicably possible, to inform competitors of hearings in which they are parties.
- 13.4 Notices of protests under *rule 61.1(b)* will be posted on www.ahmen.ca and this posting shall be notice as required by *rules 61.1(b) and 61.3*.

14. SCORING

- 14.1 A boat whose ENTRY FORM is not received by Thursday 5:00 PM deadline preceding the race in which it first intends to compete will be scored only on a best-effort basis.
- 14.2 Scoring will be as follows and changes *rules A4.2 and A9*:
- | | |
|--|--|
| DNC = Number in series plus 2 | DNF = Number of starters plus 1 |
| DNS = Number of starters plus 2 | RAF = Number of starters plus 1 |
| OCS = Number of starters plus 2 | DSQ = Number of starters plus 2 |
- For the purposes of overall series scoring of the **R Class**, the number in the series equals the number of R Class boats racing in the series.

- 14.3 AHMEN scoring will be under the **PHRF-LO Time-on-Time** handicap system except in the determination of the **R Class** overall series winner where level scoring will apply.
- 14.4 The **IRC Classes** will be scored under IRC rules, separately from AHMEN RACING.
- 14.5 For Starts 1 through 4, one score will be excluded within the series, if five or more races are completed. This applies to the overall scoring of the four (4) divisions and the overall scoring of the **R Class**, and amends *rule A2*.
- 14.6 PHRF-LO race results will be posted as soon as practicable on www.ahmen.ca.

15. SAFETY REGULATIONS

- 15.1 A boat that retires from a race, or wishes to be scored DNS, shall notify the race committee as soon as possible, preferably by VHF radio on channel 72.

16. RADIO COMMUNICATION

- 16.1 Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio transmissions not available to all boats. This restriction also applies to mobile telephones.
- 16.2 The race committee may make general announcements on VHF channel 72.

17. PRIZES

- 17.1 Prizes, funded by the participating clubs, will be given as follows:
- For each race, an AHMEN 2016 flag to the top three boats in divisions 1 through 4; and
 - For the series overall, an AHMEN 2016 OVERALL flag to the top three boats in those divisions.
- 17.2 For the races on August 14, 2016, boats competing in Starts 1 through 4 will also be scored for best corrected time of all participating boats and the winner awarded the **ARGOSY ROSE BOWL TROPHY**.
- 17.3 The overall series winner of the **R Class** will be awarded the **WILF SCOTT MEMORIAL TROPHY**.
- 17.4 The above prizes will be presented at the AHMEN RACING 2016 Awards Dinner, scheduled for early **February, 2017**; location and date to be announced.
- 17.5 Competitors in Starts 5 & 6 will be awarded IRC prizes only, at the 2016 LORC & IRC Awards Night.

18. DISCLAIMER OF LIABILITY

- 18.1 Competitors participate in the regatta entirely at their own risk. See ***The Racing Rules of Sailing***, rule 4 – Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with, or prior to, during, or after the regatta.

19. INSURANCE

- 19.1 Each participating boat shall be insured with valid third-party liability insurance with minimum coverage of one million dollars [\$1,000,000].